## REFERRAL PROCEDURES

**Definitions:** Referrals are required when the primary care physician (PCP) cannot provide medically necessary services.

**Purpose:** To assure that access to medical care services is provided appropriately to members in a manner that ensures continuity of care through the most efficient use of benefit coverage and resources.

**Procedure:** The primary care physician serves as the medical case manager. He/She is responsible for making referrals and coordinating medically necessary services required by the member, both inside and outside the provider network.

## Ancillary, X-Rays, Specialty Physician Consults

The PCP will complete the following:

- 1. Discuss the need for referral/consult with the member.
- 2. Authorize the referral or obtain authorization from the plan provider Utilization Management Committee/Department\*, when required.
- 3. Refer the member to the appropriate specialist or facility. (*The PCP*, office staff or member may arrange the referral appointment.)
- 4. Document the referral in the member's medical record, and attach any authorization paperwork.
- 5. Send all documents pertaining to the diagnosis (lab results, x-rays, last progress notes, etc.) with the referral. Discuss the case, as necessary, with the referral provider.
- 6. Receive reports and feedback from the referral provider regarding the consultation and treatment. (*The referral provider or the referral facility must send a written report to the PCP within five (5) working days of the visit.*)
- 7. Discuss the results of the referral and any plan for further treatment, if needed, and coordination of that care with the member.
- 8. Referral will be tracked by the PCP's office for follow-up through a log or computerized tracking process. The log or tracking mechanism should include, but not be limited to, the following:
  - Date of referral or request for authorization
  - Patient Name and Identification Number (Example: DOB, Medical Record #, Social Security #)
  - Name of Appropriate Specialist or Facility
  - Reason/Diagnosis
  - Date of Authorization Approval/Denial/or Deferral
  - Date of Appointment
  - Date of Report Received
  - PCP office will follow up with members on all referrals that have not been used
- 9. The specialist/laboratory must perform only those services/tests/procedures, which have been authorized.
  - All additional tests, procedures, treatments, etc., must have prior authorization. Services performed without authorization may not be reimbursed to the service provider.
  - The specialist will not seek reimbursement from the patient for services referred and performed, but not authorized.

## **Hospital Admissions/Procedures**

- 1. Hospital inpatient care may be pre-planned and pre-authorized, or may be urgent.
- 2. The PCP is responsible for obtaining required pre-authorizations for inpatient care from the plan provider.
- 3. The PCP must notify the plan provider of an emergency admission the next business day.
- 4. While the member is hospitalized, the PCP must coordinate care as contained in the policies and procedures of the plan provider.

\*Refer to the Plan Provider Manual for listing of services requiring prior authorization.

| Referral Procedures | Page 1 |
|---------------------|--------|
|                     |        |

## Referral Tracking Log

Month:

| Referral<br>Date | Member<br>Name                                   | Health<br>Plan | Type of<br>Referral* | Reason for<br>Referral/DX | Service<br>Requested | Date<br>Rec'd<br>from UR | Status of<br>Referral** | Date<br>Patient<br>Notified | Date Appt.<br>Scheduled | Date<br>Consult<br>Report<br>Rec'd                          | Date of<br>Follow Up<br>if Report<br>not<br>Received |
|------------------|--|----------------|----------------------|---------------------------|----------------------|--------------------------|-------------------------|-----------------------------|-------------------------|---|--|
|                  |  |                |                      |                           |                      |                          |                         |                             |                         |   |  |
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|                  |  |                |                      |                           |                      |                          |                         |                             |                         |   |  |
|                  |  |                |                      |                           |                      |                          |                         |                             |                         |   |  |
| oe of            | * Type of Referral: Urgent, Emergent, or Routine | ent, Em        | ergent, or R         | outine                    |                      | *                        | Status of Re            | eferral: Ap                 | proved, Modi            | ** Status of Referral: Approved, Modified, Deferred, Denied | d, Denied  |

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Month: John Smíth, MD Dr.:

| Date of<br>Follow Up if<br>Report not<br>Received | )                    | 5/14/13     |  |   |  |  |  |
|---|----------------------|-------------|--|---|--|--|--|
| Date Consult<br>Report<br>Rec'd                   | 4/12/13              |             |  | ports                                   |  |  |  |
| Date Appt. (<br>Scheduled                         | £1/8/ <del>1</del> 3 | 4/10/13     |  | nsult re                                |  |  |  |
| Date<br>Patient<br>Notified                       | 4/3/13               | 4/5/13      |  | of coi                                  |  |  |  |
| Status of<br>Referral**                           | Approved             | Approved    |  | sceipt                                  |  |  |  |
| Date<br>Rec'd<br>from UR                          | 4/3/13               | 4/5/13      |  | ack re                                  |  |  |  |
| Service<br>Requested                              | OB/GYN               | cardíology  |  | ace to track receipt of consult reports |  |  |  |
| Reason for<br>Referral/DX                         | Pap Smear            | Stress Test |  | A system must be in pla                 |  |  |  |
| Type of<br>Referral*                              | Routíne              | Routíne     |  | must b                                  |  |  |  |
| Health<br>Plan                                    | ABC                  | ABC         |  | stem                                    |  |  |  |
| Member<br>Name                                    | Jane Doe             | John Doe    |  | A sys                                   |  |  |  |
| Referral<br>Date                                  | 4/1/13               | 4/3/13      |  |   |  |  |  |

<sup>\*</sup> Type of Referral: Urgent, Emergent, or Routine

\*\* Status of Referral: Approved, Modified, Deferred, Denied