Comprehensive Health Assessment DOB: Name: 50+ Years: Current Alcohol / □ None □ Alcohol Actual Age: Date: **Substance Use** Female at Birth □ Drugs (specify): □ IV Drugs-Current □ Other: Primary Language □ IV Drugs-Past Hx Interpreter □ Yes □ No □ Refused \square None □ Diabetes **Family History** Requested Name of Interpreter: ☐ Heart disease / HTN □ Lives/lived with ☐ Hip fracture Intake Vital Signs someone HBV+ ☐ High cholesterol □ Cancer □ Other: Allergies / Reaction Temp **Immunization** □ None □ Tdap: Height BP History / Date ☐ See CAIR Weight Pulse □ COVID #1: □ Influenza: □ Zoster: ☐ Significant loss/gain: ☐ COVID #2: BMI Value Resp □ COVID Booster(s): □ MMR: □ Varicella: Location: ☐ Exempt (DOB <1957 & ☐ Exempt (non-healthcare worker) Pain Scale: 0 1 2 3 4 5 6 7 8 9 10 non-healthcare worker) Cultural Needs (e.g., cultural background/traditions, religious practices, dietary ☐ Hepatitis B: □ Pneumococcal: □ Other: preference/restrictions, and healthcare beliefs): □ Unremarkable High Risk **USPSTF Risk Screening Tools** Low Risk Country of Birth: □ US □ Other: (see Plan/ Screener Used Orders/AG) At least 1 parent born in Africa, Asia, Pacific Islands: ☐ Yes ☐ No Adverse Childhood **Dental Home** Dental visit within past 12 months: ☐ Yes ☐ No Experiences (screen at least once □ ACEs П in adulthood at earliest opportunity) **Advance Directive** □ CRAFFT, □ Yes □ Refused Alcohol Misuse Info Given/Discussed П П □ H&P, □ Other: Chronic Problems/Significant Conditions: ☐ None ☐ See Problem List **Breast Cancer** □ H&P, □ Other: □ Asthma □ Cancer □ Depression □ DM □ Dialysis □ Heart Disease ☐ HEP B ☐ HEP C ☐ High Cholesterol ☐ HIV ☐ HTN ☐ Liver Disease Cervical Cancer □ H&P, □ Other: П П □ Seizures □ STI □ Uses DME □ > 2 ER visits in 12 months □ MINI-COG, Cognitive Health □ Other: П П (Start at 65 yrs old) Score: \square AD8, \square Other: Colorectal Cancer Functional Limitations (check all that apply): ☐ Unremarkable ☐ H&P, ☐ Other: П $\hfill\Box$ Seeing $\hfill\Box$ Hearing $\hfill\Box$ Mobility $\hfill\Box$ Communication $\hfill\Box$ Cognition $\hfill\Box$ Self-care □ PHQ2, □ PHQ9, Depression Score: Current Medications/Vitamins: □ See Medication List □ Other: Diabetes ☐ H&P, ☐ Other: Education (last grade completed): □ CRAFFT, Drug Misuse Health education preference: □ Verbal □ Visual □ Multimedia □ Other: \square H&P, \square Other: Dyslipidemia Interval History □ H&P, □ Other: □ CDC HEP Risk. □ Regular □ Low calorie \sqcap ADA Hep B (Test all 18 yrs and older Diet / Nutrition П П ☐ Iron-rich foods ☐ Other: at least once at earliest opportunity) ☐ H&P, ☐ Other: □ CDC HEP Risk, Hep C (Test all 18-79 yrs old at Appetite \square Good □ Fair □ Poor least once at earliest opportunity) ☐ H&P, ☐ Other: ☐ Inactive (little or none) HIV (Test all 15-65 yrs old at Physical Activity П П ☐ Some (< 2 ½ hrs/week) least once at earliest opportunity) ☐ H&P, ☐ Other: ☐ Active (≥ 2 ½ hrs per week w/ 2 days strength training) Lung Cancer ☐ H&P, ☐ Other: П П □ Menorrhagia LMP: Ρ Α G □ Menopause Obesity □ H&P, □ Other: П П Hysterectomy □ Total □ Partial Osteoporosis ☐ H&P, ☐ Other: П Sexually active □ Yes □ No □ Multiple Partners Sexually Transmitted П Infections □ H&P, □ Other: Contraceptive Used \square None □ Condoms □ Other: □ SDOH, SDOH Last PAP/HPV Date: □ WNI □ H&P, □ Other: □ CRAFFT, Date: Last Mammogram \square WNL Tobacco Use □ H&P, □ Other: Last Colonoscopy Date: □ WNL **Tuberculosis** □ TB Risk Screener, Exposure □ Other: $\hfill \square$ WNL-Stable relationships w/ social/emotional support

Physical Examination

General appearance

Head

Well-nourished & developed

No abuse/neglect evident

No lesions

☐ Changes in family since last visit (move, job, death)

☐ Family stressors (mental illness, drugs, violence/abuse)

□ Problems with housing, food, employment

Social Determinants

of Health (SDOH)

WNL

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Comprehensive He	alth Assessment			Name:	DOB	: MR#:
Eyes	PERRLA, conjunctivae & Vision grossly normal	sclerae clear		□ Zoster	☐ Mammogram	□ Low Dose CT (20-pack yea
Ears	Canals clear, TMs normal Hearing grossly normal	al		□ Hep B Panel (if high risk)	☐ Bone Density Test	smoking history & currently smoke or have quit within past 15 years)
Nose	Passages clear, MM pink	c, no lesions		□ Other:		paret to journey
Teeth	No visible cavities, gross	ly normal		Anticipatory Guidance	e (AG) / Education (√ if discussed)
Mouth / Pharynx	Oral mucosa pink, no les	ions		Diet, Nutrition & Exer	cise	
Neck	Supple, no masses, thyre	oid not enlarged		☐ Weight control / obesity	□ Vegetables, fruits	□ Lean protein
Chest / Breast	Symmetrical, no masses			☐ Whole grains / iron-rich foods	☐ Limit fatty, sugary & salty foods	☐ Limit candy, chips & ice cream
Heart	No organic murmurs, reg	ular rhythm		□ Physical activity /	☐ Healthy food	□ Eating disorder
Lungs	Clear to auscultation bila	terally		Accident Prevention 8	choices Guidance	
Abdomen	Soft, no masses, liver &	spleen normal		☐ Alcohol/drug/substance	□ ASA use	□ Independence
Genitalia	Grossly normal			misuse counseling □ Signs of depression	☐ Gun safety	□ Personal development
Female	No lesions, normal exter	nal appearance		(suicidal ideation)	•	,
Vaginal exam	Done or completed elsev	vhere		☐ Mental health (emotional support)	☐ Goals in life	☐ Aging process
Femoral pulses	OB/GYN name: Present & equal			☐ Diabetes management	☐ Mindful of daily movements	☐ Work or retirement activities
Extremities	No deformities, full ROM			☐ Sex education (partner selection)	☐ Motor vehicle safety (DUI / no texting &	□ Family support, social interaction & communication
Lymph nodes	Not enlarged			☐ Safe sex practices	driving) □ Seat belt	☐ Self-breast exam
Back	No scoliosis			(condoms, contraception,		
Skin	Clear, no significant lesion	ons		HIV/AIDS)	☐ Routine dental care	□ Desimenency of desire
Neurologic	Alert, no gross sensory of	r motor deficit		☐ Smoking/vaping use/exposure		☐ Perimenopause education
Subjective / Objective Assessment				☐ Current smoker: # Yrs sm Type used: ☐ Cigarettes ☐	bacco products oked # Cigarettes sr oked # Cigarettes sr □ Chewing tobacco □ Vap	ing products □ Other:
				☐ Advised to quit smoking	☐ Discussed smoking cessation medication	 □ Discussed smoking cessation strategies
Plan				Next Appointment		
Referrals				□ 1 year	□ RTC PRN	□ Other:
□ Dentist	□ Optometrist / Ophthalmologist	□ Dietician / Nutriti	ionist			
☐ Drug / ETOH Tx rehab	☐ Behavioral health	□ Tobacco cessati	ion class	Documentation Remin		
□ OB/GYN	□ Other:			 □ Screening tools (TB, Depression, HEP B, etc.) are completed, 	□ Vaccines entered in CAIR (manufacturer, lot #, VIS publication	☐ Problem / Medication Lists updated
Orders				dated, & reviewed by provider	dates, etc.)	
□ COVID 19 vaccine / booster	☐ Hep C Antibody test (if high risk)	□ CBC / Basic me	tabolic	'		
☐ Hep B vaccine (if not up to date)	☐ Chlamydia ☐ Gonorrhea	☐ Hct / Hgb☐ Lipid panel		MA / Nurse Signature	Title	Date
□ Influenza vaccine	☐ HIV (if high risk)	□ PPD skin test				
= MMD (if not up to date)	☐ Herpes	□ QFT		Provider Signature	Title	Date
☐ MMR (if not up to date)	☐ Syphilis☐ Trichomonas	□ CXR□ Urinalysis		Flovider Signature	Title	Date
□ Pneumococcal	□ Rx for folic acid 0.4-0.8mg daily	☐ ECG ☐ COVID 19 test				
□ Tdap	□ gFOBT or Fit	☐ Fasting plasma	glucose	Notes (include date, tir	me, signature, and title	e on all entries)
	□ Colonoscopy	☐ Oral glucose tole	erance test	(, 0 .,,	-1

☐ Varicella (if not up to

date)

 \square PAP

□ HPV

□ HbA1C

 $\hfill\square$ Low to moderate dose statin $\hfill \square$ Member refused the following screening/orders:

Comprehensive Health Assessment DOB: Name: 50+ Years: □ Unremarkable □ Diabetes **Family History** Actual Age: Date: Male at Birth ☐ Heart disease / HTN □ Lives/lived with □ Asthma Primary Language someone HBV+ ☐ High cholesterol □ Other: □ Cancer □ Yes □ No □ Refused Interpreter Requested Name of Interpreter: Immunization History / □ None □ Tdap: Intake Vital Signs ☐ See CAIR □ COVID #1: □ Influenza: □ Zoster: Allergies / Reaction Temp □ COVID #2: ΒP Height □ COVID Booster(s): □ MMR: □ Varicella: ☐ Exempt (DOB <1957 & ☐ Exempt (non-healthcare Weight Pulse non-healthcare worker) worker) ☐ Significant loss/gain: _ □ Other: ☐ Hepatitis B: □ Pneumococcal: **BMI Value** Resp Location: High Risk Pain **Screening Tools** Low Scale: 0 1 2 3 4 5 6 7 8 9 10 **USPSTF Risk Screener** (see Plan/ Used Risk Cultural Needs (e.g., cultural background/traditions, religious practices, dietary Orders/AG) preference/restrictions, and healthcare beliefs): □ Unremarkable Abdominal Aortic ☐ H&P, ☐ Other: Aneurism Adverse Childhood Experiences Country of Birth: □ US □ Other: □ ACEs (screen at least once in adulthood at П П earliest opportunity) At least 1 parent born in Africa, Asia, Pacific Islands: ☐ Yes ☐ No □ CRAFFT, Alcohol Misuse П П **Dental Home** Dental visit within past 12 months: ☐ Yes ☐ No ☐ H&P, ☐ Other: Advance Directive ☐ MINI-COG, Cognitive Health □ Yes □ Refused Info Given/Discussed (Start at 65 yrs old) Score: □ AD8, □ Other: Chronic Problems/Significant Conditions: ☐ None ☐ See Problem List Colorectal Cancer ☐ H&P, ☐ Other: □ Asthma □ Cancer □ Depression □ DM □ Dialysis □ Heart Disease □ <u>PHQ2</u>, □ <u>PHQ9</u>, \square HEP B \square HEP C \square High Cholesterol \square HIV \square HTN \square Liver Disease Depression Score: _ □ Other: \square Seizures \square STI \square Uses DME $\square \ge 2$ ER visits in 12 months □ Other: Diabetes □ H&P, □ Other: П П □ CRAFFT, Drug Misuse П □ H&P, □ Other: Functional Limitations (check all that apply): Unremarkable Dyslipidemia □ H&P, □ Other: П П \square Seeing \square Hearing \square Mobility \square Communication \square Cognition \square Self-care □ CDC HEP Risk. $\begin{array}{l} Hep \ B \ \ \text{(Test all 18 yrs and older at least} \\ \text{once at earliest opportunity)} \end{array}$ Current Medications/Vitamins: ☐ See Medication List ☐ H&P, ☐ Other: □ CDC HEP Risk. Hep C (Test all 18-79 yrs old at least П once at earliest opportunity) □ H&P, □ Other: Education (last grade completed): HIV (Test all 15-65 yrs old at least once П at earliest opportunity) □ H&P, □ Other: Health education preference: □ Verbal □ Visual □ Multimedia □ Other: Lung Cancer ☐ H&P, ☐ Other: **Interval History** □ Regular □ Low calorie □ ADA Obesity □ H&P, □ Other: П П Diet / Nutrition ☐ Iron-rich foods ☐ Other: Sexually Transmitted П Appetite □ Good □ Fair □ Poor Infections □ H&P, □ Other: ☐ Inactive (little or none) □ SDOH, **SDOH** □ H&P, □ Other: Physical Activity ☐ Some (< 2 ½ hrs/week) □ CRAFFT, ☐ Active (≥ 2 ½ hrs per week w/ 2 days strength training) Tobacco Use □ H&P, □ Other: Sexually active ☐ Yes ☐ No ☐ Multiple Partners ☐ MSM □ TB Risk Assessment, Tuberculosis Exposure П П Contraceptive Used □ None □ Condoms □ Other: □ Other: WNL **Physical Examination** Date: Last Colonoscopy \square WNL Well-nourished & developed □ WNL-Stable relationships w/ social/emotional support General appearance No abuse/neglect evident Social Determinants of ☐ Changes in family since last visit (move, job, death) No lesions Head Health (SDOH) □ Problems with housing/food/employment/incarceration PERRLA, conjunctivae & sclerae clear □ Family stressors: mental illness/drugs/violence/abuse Eyes П Vision grossly normal Current Alcohol /

□ None

□ IV Drugs-Current

□ IV Drugs-Past Hx

Substance Use

☐ Drugs (specify):

□ Alcohol

□ Other:

Ears

Nose

Teeth

Canals clear, TMs normal

Passages clear, MM pink, no lesions

No visible cavities, grossly normal

Hearing grossly normal

Comprehensive Health Assessment

Mouth / Pharynx	Oral mucosa pink, no lesi	ons \square
Neck	Supple, no masses, thyro enlarged	id not
Chest	Symmetrical, no masses	
Heart	No organic murmurs, regular rhythm	
Lungs	Clear to auscultation bilate	erally \square
Abdomen	Soft, no masses, liver & s normal	pleen
Genitalia	Grossly normal	
Male	Circ /uncircumcised, tester Prostate Exam / Rectal	es in scrotum
Femoral pulses	Present & equal	
Extremities	No deformities, full ROM	
Lymph nodes	Not enlarged	
Back	No scoliosis	
Skin	Clear, no significant lesion	ns 🗆
Neurologic	Alert, no gross sensory or motor deficit	
Subjective / Objective		
Assessment		
Plan		
Referrals		
□ Dentist	☐ Optometrist / Ophthalmologist	□ Dietician / Nutritionist
□ Drug / ETOH Tx rehab	☐ Behavioral health	☐ Tobacco cessation class
□ Other:		01000
Orders		
□ COVID 19 vaccine /		
booster	☐ Hep B Panel (if high	□ CBC / Basic
	risk)	metabolic panel
☐ Hep B vaccine (if not up to date)		
☐ Hep B vaccine (if not up to	risk) □ Hep C Antibody test (if high risk) □ Chlamydia	metabolic panel
☐ Hep B vaccine (if not up to date)	risk) Hep C Antibody test (if high risk) Chlamydia Gonorrhea HIV (if high risk)	metabolic panel Hct / Hgb Lipid panel Low to moderate dose statin PPD skin test
☐ Hep B vaccine (if not up to date) ☐ Influenza	risk) Hep C Antibody test (if high risk) Chlamydia Gonorrhea HIV (if high risk) Herpes Syphilis	metabolic panel Hct / Hgb Lipid panel Low to moderate dose statin PPD skin test QFT CXR
□ Hep B vaccine (if not up to date) □ Influenza □ MMR (if not up to date) □ Pneumococcal	risk) Hep C Antibody test (if high risk) Chlamydia Gonorrhea HIV (if high risk) Herpes Syphilis Trichomonas	metabolic panel Hct / Hgb Lipid panel Low to moderate dose statin PPD skin test QFT CXR Urinalysis
□ Hep B vaccine (if not up to date) □ Influenza □ MMR (if not up to date)	risk) Hep C Antibody test (if high risk) Chlamydia Gonorrhea HIV (if high risk) Herpes Syphilis	metabolic panel Hct / Hgb Lipid panel Low to moderate dose statin PPD skin test QFT CXR
□ Hep B vaccine (if not up to date) □ Influenza □ MMR (if not up to date) □ Pneumococcal	risk) Hep C Antibody test (if high risk) Chlamydia Gonorrhea HIV (if high risk) Herpes Syphilis Trichomonas GFOBT or Fit	metabolic panel Hct / Hgb Lipid panel Low to moderate dose statin PPD skin test QFT CXR Urinalysis ECG
□ Hep B vaccine (if not up to date) □ Influenza □ MMR (if not up to date) □ Pneumococcal □ Tdap	risk) Hep C Antibody test (if high risk) Chlamydia Gonorrhea HIV (if high risk) Herpes Syphilis Trichomonas GFOBT or Fit Colonoscopy Low Dose CT (20-pack year smoking history & currently smoke or have quit	metabolic panel Het / Hgb Lipid panel Low to moderate dose statin PPD skin test CXR Urinalysis ECG COVID 19 test Fasting plasma glucose Oral glucose

Anticipatory Guidance (AG	\ / Education /s/ if diago	.aaad\
Name:	DOB:	MR#:

□ Vegetables, fruits □ Limit fatty, sugary & salty foods □ Healthy food choices dance □ Avoid risk-taking behavior □ Gun safety □ Violent behavior □ Mindful of daily movements □ Motor vehicle safety (DUI / no texting & driving) □ Seat belt □ Safety helmet oroducts □ # Cigarettes smoked/ ing tobacco □ Vaping pro inscussed smoking cessation medication	□ Lean protein □ Limit candy, chips 8 ice cream □ Eating disorder □ Independence □ Personal development □ Goals in life □ Work or retirement activities □ Family support, social interaction & communication □ Testicular self-exam □ Aging process
□ Limit fatty, sugary & salty foods □ Healthy food choices dance □ Avoid risk-taking behavior □ Gun safety □ Violent behavior □ Mindful of daily movements □ Motor vehicle safety (DUI / no texting & driving) □ Seat belt □ Safety helmet Products □ # Cigarettes smoked//ing tobacco □ Vaping pro□ Discussed smoking	□ Limit candy, chips 8 ice cream □ Eating disorder □ Independence □ Personal development □ Goals in life □ Work or retirement activities □ Family support, social interaction & communication □ Testicular self-exam □ Aging process
□ Limit fatty, sugary & salty foods □ Healthy food choices dance □ Avoid risk-taking behavior □ Gun safety □ Violent behavior □ Mindful of daily movements □ Motor vehicle safety (DUI / no texting & driving) □ Seat belt □ Safety helmet Products □ # Cigarettes smoked//ing tobacco □ Vaping pro□ Discussed smoking	□ Limit candy, chips 8 ice cream □ Eating disorder □ Independence □ Personal development □ Goals in life □ Work or retirement activities □ Family support, social interaction & communication □ Testicular self-exam □ Aging process
salty foods Healthy food choices dance Avoid risk-taking behavior Gun safety Violent behavior Mindful of daily movements Motor vehicle safety (DUI / no texting & driving) Seat belt Safety helmet Coroducts # Cigarettes smoked/ # Cigarettes smoked/ ing tobacco Vaping pro Discussed smoking	ice cream Eating disorder Independence Personal development Goals in life Work or retirement activities Family support, social interaction & communication Testicular self-exam Aging process day Quit date day ducts □ Other: □ Discussed smoking
□ Healthy food choices dance □ Avoid risk-taking behavior □ Gun safety □ Violent behavior □ Mindful of daily movements □ Motor vehicle safety (DUI / no texting & driving) □ Seat belt □ Safety helmet Droducts □ # Cigarettes smoked/ ing tobacco □ Vaping pro □ Discussed smoking	□ Eating disorder □ Independence □ Personal development □ Goals in life □ Work or retirement activities □ Family support, social interaction & communication □ Testicular self-exam □ Aging process day Quit date ducts □ Other: □ Discussed smoking
dance Avoid risk-taking behavior Gun safety Violent behavior Mindful of daily movements Motor vehicle safety (DUI / no texting & driving) Seat belt Safety helmet Croducts # Cigarettes smoked/ing tobacco Vaping pro Discussed smoking	□ Personal development □ Goals in life □ Work or retirement activities □ Family support, social interaction & communication □ Testicular self-exam □ Aging process day Quit date ducts □ Other: □ Discussed smoking
behavior Gun safety Violent behavior Mindful of daily movements Motor vehicle safety (DUI / no texting & driving) Seat belt Safety helmet Croducts # Cigarettes smoked/ ing tobacco Vaping pro Discussed smoking	□ Personal development □ Goals in life □ Work or retirement activities □ Family support, social interaction & communication □ Testicular self-exam □ Aging process day Quit date ducts □ Other: □ Discussed smoking
□ Gun safety □ Violent behavior □ Mindful of daily movements □ Motor vehicle safety (DUI / no texting & driving) □ Seat belt □ Safety helmet □ Safety helmet □ Groducts □ # Cigarettes smoked/ ing tobacco □ Vaping pro □ Discussed smoking	development Goals in life Work or retirement activities Family support, social interaction & communication Testicular self-exam Aging process day Quit date ducts Gother: Discussed smoking
□ Mindful of daily movements □ Motor vehicle safety (DUI / no texting & driving) □ Seat belt □ Safety helmet Products # Cigarettes smoked/ ing tobacco □ Vaping pro □ Discussed smoking	Goals in life Work or retirement activities Family support, social interaction & communication Testicular self-exam Aging process day Quit date ducts □ Other: □ Discussed smoking
movements Motor vehicle safety (DUI / no texting & driving) Seat belt Safety helmet roducts # Cigarettes smoked/ ing tobacco Vaping pro Discussed smoking	activities Family support, social interaction & communication Testicular self-exam Aging process day Quit date day ducts Other: Discussed smoking
□ Motor vehicle safety (DUI / no texting & driving) □ Seat belt □ Safety helmet □ Coroducts □ # Cigarettes smoked/ ing tobacco □ Vaping pro □ Discussed smoking	□ Family support, social interaction & communication □ Testicular self-exam □ Aging process day Quit date ducts □ Other: □ Discussed smoking
□ Safety helmet products # Cigarettes smoked/ # Cigarettes smoked/ products # Cigarettes smoked/ products # Cigarettes smoked/ products # Cigarettes smoked/ products	day Quit date ducts □ Other:
products # Cigarettes smoked/ # Cigarettes smoked/ ing tobacco □ Vaping pro □ Discussed smoking	day Quit date day ducts □ Other:
# Cigarettes smoked/ # Cigarettes smoked/ ing tobacco □ Vaping pro □ Discussed smoking	day ducts □ Other: □ Discussed smoking
	l
□ RTC PRN	□ Other:
□ Vaccines entered in CAIR (manufacturer, lot #, VIS publication dates, etc.)	☐ Problem / Medication Lists updated
Title	Date
Title	Date
	all entries)
reening/orders:	
	□ Vaccines entered in CAIR (manufacturer, lot #, VIS publication dates, etc.) Title